

Figure 2: Definition of breathing parameters (From top to bottom: chest breathing, abdominal breathing)

The definition of breathing parameters is shown in Figure 2. The horizontal axis is time measured in seconds, while the vertical axis is the amplitude of breathing. Above is the signal of chest breathing and below the abdominal breathing [10]. Rising curve indicates inhale and falling curve exhale. A, B, and C are inhale onset time, breathing onset time, and exhale end time respectively. The duration of inhale $TI=B-A$, duration of exhale $TE=C-B$. AI= inhale reset amplitude, AE= exhale reset amplitude. Other parameters, like the slope of inhale period, slope of exhale period, area of inhale phase, and area of breathing phase, can be measured with those parameters mentioned above. Other parameters are calculated by the analyzing platform. The parameters are saved as .mat format to produce breathing parameters in Microsoft Excel for statistical analysis.

3. RESULT

3.1 The Effect between Chest and Abdominal Breathing in Speechless Natural Breathing

In speechless natural breathing, chest breathing is similar to abdominal breathing. The lengths of inhale phase and exhale phase are almost the same. The upper column of Figure 3 indicates chest breathing, while the column below indicates abdominal breathing. In speechless natural breathing, the amplitude of chest breathing is comparatively small, while the abdominal breathing is large. Both are obviously periodical with the inhale and exhale phase almost equal.

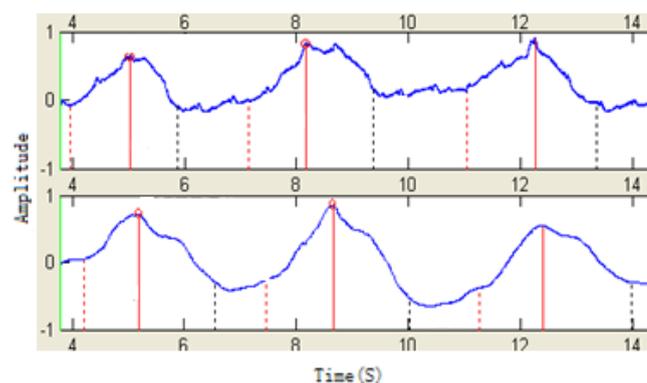


Figure 3: The chest and abdominal breathing in speechless natural breathing

3.2 The Features of Chest and Abdominal Breathing in Zhuang Language

There is usually a primary respiratory reset and a number of secondary and tertiary respiratory resets. As shown in figure 4, the peak of respiratory replacement can be divided into three categories: A is first class breath, and respiratory amplitude is 0.96; B is secondary breathing, and the resetting amplitude is 0.78. C is a three-stage respiratory reset with a respiratory rate of 0.35.

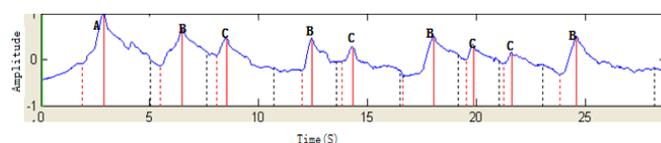


Figure 4: Abdominal breathing in Zhuang language

There is a correlation between chest and abdomen breathing and rhythm level. The first or second level of chest and abdominal breathing resets is corresponding to prosodic sentence. The three-stage breathing resets is corresponding to prosodic phrases, and the small amplitude of breath fluctuation is related to prosodic words. As shown in figure 5,

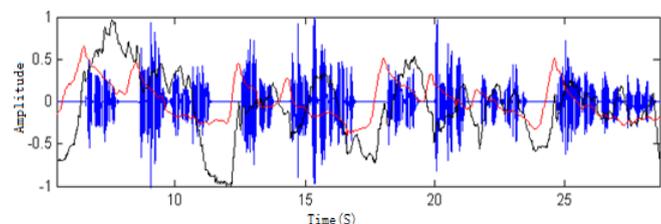


Figure 5: The chest and abdominal breathing in Zhuang language

The patterns of chest and abdominal breathing are similar. As shown in Figure 6, the onset times of sound and chest breathing overlap, that is, the chest is in the extended state when reading. The times of inhale and exhale reset of abdominal breathing are earlier than chest breathing. Sound begins after the exhale phase of abdominal breathing the curve of which falls slightly. This shows the continuous and tender contraction of abdominal muscle and diaphragm.

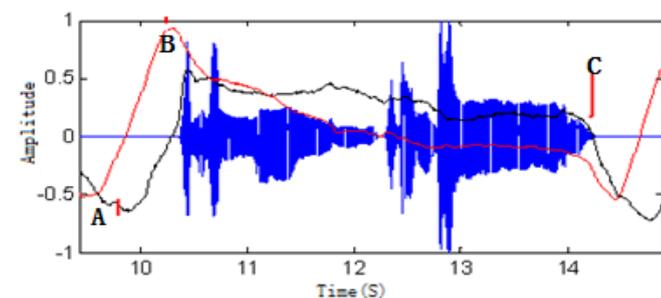


Figure 6: The relationship among chest breathing, abdominal breathing and sound

4. CONCLUSION

This research makes use of chest and abdominal breathing signals to study the features of chest and abdominal breathing in Zhuang language. Computer programs for breathing analysis have been written to extract parameters such as breathing reset amplitude, time of inhale phase, and slope of exhale phase. The result shows that: the times of inhale and exhale reset of abdominal breathing are earlier than chest breathing, the breathing reset is related to prosodic boundaries.

ACKNOWLEDGMENT

This study is supported by funds from National Social Sciences Funds [16ZDA211]

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